

## **NUTTY BUTTERFLY PEA FLOWER SOURDOUGH**

*(from the Bewitching Kitchen)*

110g sourdough starter at 100% hydration  
380g water  
50g whole-wheat flour  
450g bread flour  
1 Tablespoon butterfly pea flower powder  
1/8 cup peanut butter (crunchy or smooth)  
10g salt

Make the levain mixture about 6 hours before you plan to mix the dough. It should be very bubbly and active.

When you are ready to make the final dough, place the water in the bowl of a KitchenAid type mixer and dissolve the starter and the peanut butter in it, mixing with a spatula briefly, then add the flours, and salt. Turn the mixer on with the hook attachment and knead the dough for 4 minutes at low-speed all the time. You will notice the dough will gain quite a bit of structure even with just 4 minutes in the mixer. Remove from the machine, and transfer to a container lightly coated with oil, cover lightly with plastic wrap and allow it to ferment for 4 hours, folding every 45 minutes or so. Because the dough is already a bit developed from the initial time in the mixer, you should get very good structure after 3 and a half hours.

After four hours bulk fermentation, shape the dough as a ball, and place, seam side up, in a lightly floured banetton. Place in the fridge overnight, from 8 to 12 hours.

Next morning, heat the oven to 450F. Invert the dough on a piece of parchment paper and lightly, very lightly coat it with flour, then rub all over the surface with the palm of your hand. Use a new razor blade to slash the dough in a decorative pattern.

Bake at 450F for 45 minutes, preferably covered for the first 30 minutes to retain steam. You can generate additional steam by spraying the inside of the lid with water before closing the pan. Cool completely over a rack before slicing.