

ISPAHAN MACARONS

(inspired by [Pierre Herme's recipe](#))

for the shells:

198 g powdered sugar
113 g almond meal
113 g egg whites at room temperature
a pinch of cream of tartar
100 g granulated sugar
Teal food gel from Chefmaster
1/8 tsp vanilla extract

for the filling:

210g white chocolate, diced finely
200g lychees (preserved in syrup)
40g whipping cream
1/8 tsp rose extract
seedless raspberry jam

to decorate:

white candy melts dyed pink
brown food safe marking pen

Line 2 or 3 heavy baking sheets with parchment paper or Silpat mats. Layer the powdered sugar and almond meal in a food processor. Pulse until the mixture looks like fine meal, about 15 seconds. Pass through a sieve and transfer to a small bowl. Set aside.

Place the egg whites and pinch of cream of tartar in the bowl of a stand mixer fitted with the whisk attachment. Make sure that the bowl and the whisk are impeccably clean. Starting on medium speed, whip the whites with the cream of tartar until they look like light foam. The whites should not appear liquid. The foam will be light and should not have any structure.

Slowly rain in the granulated sugar, trying to aim the stream between the whisk and the side of the bowl. Turn the speed up to medium-high. Continue to whip the meringue until it is soft and shiny. It should look like marshmallow creme. Add the gel color and the vanilla. Staying at medium-high speed, whip the egg whites until the mixture begins to dull and the lines of the whisk are visible on the surface of the meringue. Check the peak. It should be firm.

Switch to paddle attachment. Add half the almond meal mixture, turn the mixer on low and mix for about 3 seconds. Stop and add the rest of the almond mixture, turn the mixer on low, and process for about 5 more seconds. It should still be reasonably thick, but the grains of almond should be more or less disappearing in the batter. Remove the bowl from the

mixer, and finish the macaronage by hand. Put the mixture in a piping bag fitted with one of the tips listed above. Pipe on the prepared baking sheets.

Slam each sheet hard four to six times on the counter. Then fist bump each end of the sheet's underside twice. Let the unbaked macarons dry until they look dull but not overly dry. Drying time depends on humidity. In a dry climate, the macarons can dry in 15 to 20 minutes; in a humid climate, it can take 35 to 40 minutes.

While the macarons are drying, heat the oven to 300 F. Bake one sheet at a time on the middle rack. Check in 11 minutes. If the tops slide, then bake for 2 to 3 more minutes. The macarons should release without sticking. Check one or two. If they stick, put them back in the oven for 1 to 2 more minutes. Let the macarons cool for 10 minutes before removing from the pan.

Make the filling: Place the chopped white chocolate in a bowl. Process the lychees in a food processor to form a puree. Drain excessive liquid. Warm up the heavy cream almost to boiling, add the lychee puree, continue simmering until almost boiling again. Pour over the chocolate. Wait for a couple of minutes and gently mix the chocolate to dissolve it fully. Add the rose extract. Allow it to cool to room temperature and then whip it with a handheld mixer until fluffy. Place in a piping bag fitted with a star tip such as Wilton 1M.

Assemble the macarons: find two macarons similar in size and add a good amount of lychee ganache to the bottom of one of them. Place a bit of raspberry jam in the center, and close with another macaron shell. Squeeze gently to take the filling all the way to the edge.

To make the decorations, dye a small amount of melted candy pink. Spread on a piece of parchment as a thin layer. Let it set at room temperature, cut flower shapes. You can also just fill tiny little silicone flower molds with the melted candy, and freeze. Make enough to have several flowers for each macaron shell. They can be made well in advance and frozen.

Decorate the top of each macaron with branches using a brown food-safe marker. Add flowers using melted candy to glue them on the cookie shell. Store in the fridge for 24 hours for perfect texture.