

TOMATO SOURDOUGH

(from Emmanuel Hadjiandreou)

400 g (3 + 1/2 cups) bread flour
10 g (2 tsp) salt
2 + 1/2 Tbsp chopped rosemary leaves
6 g (1 + 1/4 tsp) nigella seeds
40 g (2 Tbsp) tomato paste
200 g (3/4 cup) warm water
300 g (1 + 1/2 cups) sourdough starter (100% hydration)
2 tsp olive oil

Add into one bowl the flour, salt, seeds, and rosemary. This is your dry mixture.

In another, larger bowl, mix the tomato paste, water, sourdough starter, and olive oil. This is your wet mixture.

Add the dry mixture to the wet mixture and mix until it all comes together. Cover with a plastic wrap and let it stand for 10 minutes. After 10 minutes, knead the dough in the bowl, by pulling one portion of the dough from the side and pressing it down in the middle. Repeat it turning the bowl slightly at each kneading, doing this kneading motion about 8 times and covering the full circumference of the ball of dough. The whole process should take about 20 seconds. Cover the dough again and leave it resting for 10 minutes.

Repeat this kneading cycle three more times, 10 minutes apart. Cover the bowl and let it rest for one hour.

Turn the dough onto a floured surface, and shape it either as a round ball, or an oblong format, place it in a suitable container for the final rise. Let the dough rise until doubled in size, which should take from 3 to 6 hours, depending on how active your starter was.

Heat the oven to 475 F, and have your method to generate steam ready. Slide the bread on a parchment paper or a wooden peel, slash it, and place it in the oven. I like to bake it over tiles, and place an inverted roasting pan moist with hot water over it for about 30 minutes, then remove it. Once the bread is in the oven, reduce the temperature to 425 F. Bake for a total of 40 minutes, or until the internal temperature is over 200F.

Let the bread cool completely on a rack before slicing.